THAT NOODLE MEAL SOUP WITH SHRIMPS

2 persons / 473 kcal per serving

Ingredients:

- 200 ml coconut milk
- 400 ml tap water
- 1 chicken stock tablet
- 125 grams wok noodles
- 200 grams Thai stir-fry mix
- 100 grams shrimps
- 1/2 tablespoon fish sauce



Preparation:

In a large saucepan, bring the coconut milk, water and stock tablet to a boil. Break the noodles into pieces and add. Also add the stir-fry mix and heat for 5 minutes, stirring occasionally. Season with the fish sauce. Spoon the soup into plates and divide the shrimps over it.

Nutritional value per portion:

Energy:	473 kcal
Protein:	18.8 grams
Carbohydrates:	52.6 grams
 including sugars: 	8.4 grams
Fat:	20.0 grams
Fiber:	2.5 grams
Salt:	4.2 grams

